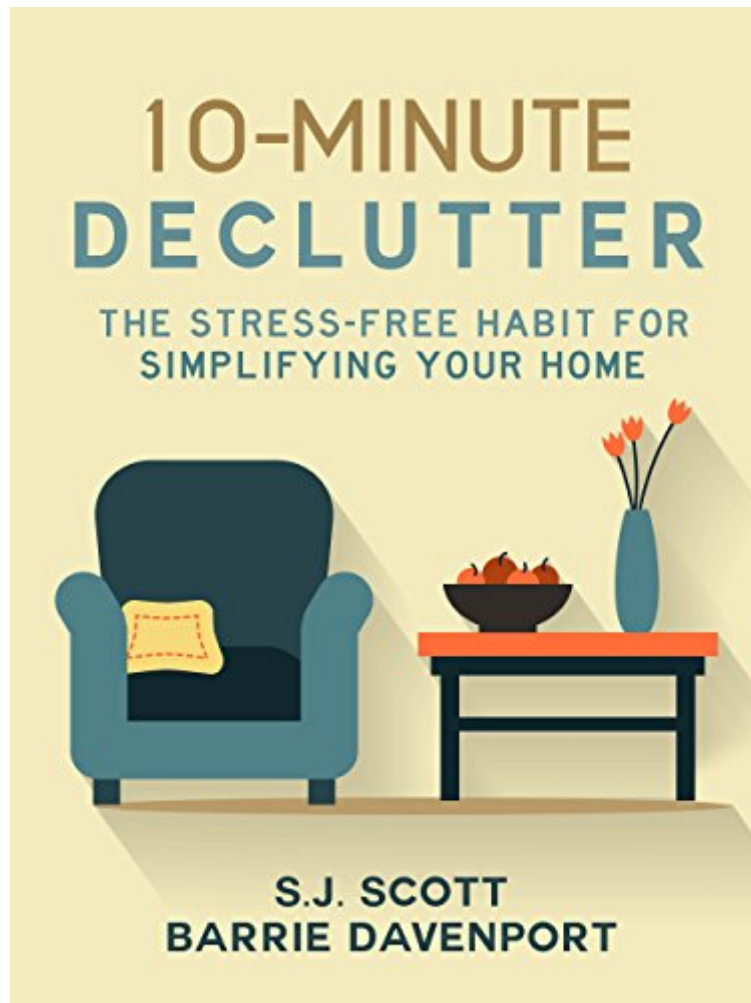


The book was found

10-Minute Declutter: The Stress-Free Habit For Simplifying Your Home



Synopsis

Declutter your entire home in just 10 minutes a day. Imagine living in a home that's free from clutter. With your closets, desks, and cabinets completely organized, life would be so much simpler. Walking into your house wouldn't add to your to-do list. It would actually relax you! Bestselling authors S.J. Scott and Barrie Davenport will show you how to achieve a clutter-free home in less time than you ever imagined possible! Even if you're a busy professional or a parent with little time, the Declutter Challenge system can work for you. 10-Minute Declutter: The Stress-Free Habits for Simplifying Your Home will show you the way. In this book, you'll learn:

- The best way to organize every space in your house
- The mindset and materials you'll need to get started
- 8 steps to form your decluttering habit
- How to make money (or get a tax deduction) from your clutter
- 14 benefits of minimalist living
- How to reclaim your life by letting go of your stuff
- And much, much more!

If you download 10-Minute Declutter today, you'll get an easy, step-by-step plan for sorting, purging, and organizing every space in your house. Scott and Davenport's practical and inspiring book will reduce your clutter and create new habits to keep it away for good. Buy the book today to simplify your home and get your life back!

Book Information

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Customer Reviews

I really enjoy all of Steve's books. His style of writing is very practical and easy to understand, and the steps he lays out in his books are easy to implement. This book was no different. He and Barrie clearly lay out a practical, easy way to declutter your house in just ten minutes a day by creating a decluttering habit. There are multiple tips for establishing this habit as part of your daily routine. The second half of the book talks about how to actually declutter different areas of the house, which is very helpful if you don't know where to start or you want some practical tips on how to declutter one area, like the kitchen. I bought the book yesterday and implemented it right away. While I was cooking dinner, I cleaned out one cupboard. Overall, this was an easy and great read. If you want practical ideas for getting rid of clutter, I would highly recommend this book.

I guess it depends where you live... declutter/unhoarding, I think they're the same thing and I'm raising my hand to admit I'm unfortunately a hoarder, much to my husband's distress! I can totally relate to most of the "8 Reasons Why You Haven't Decluttered", in particular point's 2, 3, 7 and 8. Eek, I never thought I'd actually relate to so many when I first opened the book... My fave chapter is the one called "How to Cash-in with Your Clutter" because it makes me feel better knowing that I'm not losing money and that those items I've held onto for so long can be of use to someone else. I love the conversational tone of the book and the way it's split into sections, making it easy to just jump straight to the areas you need to fix immediately, without having to wade through the entire book. Barrie and SJ know their stuff!

Wow! Great title and book from the "Habit Guru" S.J. Scott and Barrie Davenport. If you have some clutter at your house like I do--you need this book, '10-Minute Declutter: The Stress-Free Habit For Simplifying Your Home'. In reading this book I found some real gems about taking care of some problem areas in my office with strategies that will make the job easily manageable in 10 minute increments. Scott and Davenport give clear and concise actionable strategies anyone can implement in short bursts of time. In this book, I learned that with daily decluttering habits, mindset and commitment any clutter can be tackled and order can be restored--here's an action plan to get it done! The authors cover 14 benefits of decluttering, why we hold on to our possessions, how to cash in on our clutter, how to form a decluttering habit in 8 steps, and creating rewards for your

success, the best room to start in, 15 questions to ask as you declutter, such as 'Do I already own something similar?' Something I never thought about is covered very well in this book-How to Stage Your Declutter Habit--and supplies to buy to begin that will make you more effective. What I really love is the detail checklist for each room and how to tackle it, such as kitchens and maybe keeping your counters unclutter free zones, how to declutter the laundry room and sorting kids toys-that's a big one at our house. I'm going to start with their suggestion for the desk and using "zones" and digitizing important papers easily. Great book for anyone who has gathered a small amount of clutter all the way to the well-cluttered home. I highly recommend this new habit book from S.J Scott and Barrie Davenport to those who can't even begin to declutter but who long to make better use of their space. Grab a copy today and be inspired to get organized--and see how it changes so many things in your life including your happiness! I highly recommend this book!

Quick read, could have been a long essay. Authors basically tell you over and over again to put everything in a box, clean the space, put back what you keep and get rid of the rest. Not a lot of concrete tips on how to do this though. Probably not a bad deal for the price, but really not much useful information.

I was given a PDF of this book in exchange for an honest review. Honestly, I loved the book. I was exhausted at the end of it after mentally decluttering an entire house, but the concept of decluttering in 10 minute segments makes it doable but for sure a lengthy process for someone who's a "hoarder". The authors do say take longer than 10 minutes at a time if you feel like it. They reiterate that it's important to actually do it consistently each day to establish a habit (S.J. Scott has written several excellent ebooks on forming mini-habits). The 10 minute increments remind me of a website I used to subscribe to which sold me a timer that said, 'You can do anything for 15 minutes.' I think of friends who could benefit from this book, and myself as well - though I declutter on a regular basis, I have a small living space. We live in a materialistic society and are encouraged to be consumers and buy new "stuff" that isn't necessary. Minimalism is a worthy project. S.J. Scott and Barrie Davenport have penned a very useful and comprehensive guide to "decluttering" one's living space and office space - even digital space! Most people here have an area called the "living room" and also a "family room" - the family room is addressed but not the living room. Anyone can take away from this book exactly what they need, though. There are other ebooks on decluttering and cleaning one's space. It is liberating and freeing, in the land of the free. A commentary on contemporary life, that so many consumers need a book to help them get rid of their "stuff" when

people in third world countries live on a dollar a day.

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